Past Returns

By Susan Miller

On Friday, March 15, a 50's, 60's and 70's dance was held. Although the dance was for 8th and 9th grades only, quite a few of our teachers felt right at home. It was unexpected but a lot of girls wore long skirts and saddle shoes or knickers and pony tails. There were even a few greasers, leather jackets and all.

There was no band at this dance but the variety of music was greater than ever before. Every thing from "Rock Around the Clock" to "Color My World" was heard. You can just imagine the dancing. While the Jitterbug and the Stroll seemed to be two of the favorites, I also saw the Continental and a few attempts at the Twist.

At first there was quite an upset when it was decided that records would replace a band. The admission price was even lowered to 50¢ be-

even lowered to 50¢ because of a concern that the attendance would be very low. However, the turnout was surprisingly high.

A lot of credit for this success goes to Rocco Granata, who was responsible for retaping the albums and supplying the stereo system.

Everyone seemed to be

enjoying themselves. It was a dance that will be remembered for a long time.

For Sale

By Mary Ann Bellina

For a few years, the Student Council at John Adams has wanted to sell some type of food at afterschool activities. After being approached twice this year, Mr. Fried consented to the sale of candy bars at the games. So at the beginning of February, the Student Council purchased \$60.00 of 3 Musketeers bars, Chunkies, Nestles Crunch bars, Reese's Peanut Butter cups, and Clark bars. The candy was sold at the remaining home basketball games and wrestling matches. Apparently, the idea was a good one because before the last game held, everything was sold except for two boxes. The council came up with approximately 20 dollars profit. Some of this money was used as prizes for the poster contest. The candy sale seemed to be quite successful, considering it was held for only a short time. This year's Student Council also hopes that the sales will continue next year.





Advocate Changes

By Linda Wellman

Recently, a number of changes have taken place in the format of our newspaper. Our Editor-in-chief is Nancy La Rosa. Lynn Sitrin is our Managing editor. She is in charge of the technical aspects

of the paper. Our new typing editor is Eleanor Madajewski

There are five boards which are headed by separate editors. Sue Miller is in charge of the review board and Mary Ann Bellina is head of the news staff. Mary Vongas is our feature editor and Cathy Dudas leads the sports writers. Michele Kabak is the business manager. The business board is something very new to the Advocate. The people on this staff try to sell ads to stores in and around Edison. By earning this money, the Advocate may become a bigger and better newspaper.

The size of the entire staff has increased. For the first time we have eighth grade students as reporters. We hope these and all the other changes that have been made will combine to produce a better newspaper.



Seasons Greetings

An exciting and original contest was held at J.A. in pecember for the worthy charity of the Cancer Fund. In this contest, couples of boys and girls were represented by cans bearing their names. All during the week students would vote for their favorite couples by placing money in the can of their choice. The couple whose can contained the most money by the end of the week won. All the accumulated money was donated to the Cancer Fund.

Winners Randi Sanowitz and Bob Suvoy received five prizes of: free movie passes, \$5.00 to spend, plaques and roses for Randi. The other willing contestants were handsomely rewarded with tie clips for the boys and pins and corsages for the girls. Besides boosting the holiday spirit and providing fun for all, the Season Greetings Contest proved its worth by adding a substantial \$86.32 to the Cancer Fund.



By Dave Bourne

On April 4th and 5th, Thirty-six 9th graders will be presenting a full-length comedy called, "You Were Born On A Rotten Day".

A while before the play came out, I talked to Miss Zalick, the producer-director of the play and asked her about the progress made. She told me the play with Steven Tasy, Nancy La Rosa, Michele Kabak, Mary Ann Bellina and Lance Eisen, to name a few of the people in the leading roles, is a satire about astrology, and how it effects the students and teachers of a high-school.

Though not in so many words, Miss Zalick, admitted they were having some problems getting themselves to function right. Even though, I feel, this play may be good. My reason? The people I talked to seemed pretty enthused. Miss Zalick felt it was hard, but she enjoyed working with the kids. Steve said, "I enjoy working with the play." There you have it. Time will tell how good the play will be, or won't be. Come and see for yourself.







A Thank-you Note

March 5, 1974

Student Council John Adams Jr. High School New Dover Road Edison, New Jersey

Dear Friends:

The Volunteers and the Board of managers of the Middlesex county Unit wish to extend a sincere 'Thank you' for your efforts to help the American Cancer Society.

Every contribution, small or large, gives us the means to help those less fortunate than ourselves. Young people like yourselves, having a Seasons Greeting Contest; students at Rutgers sponsoring a Dance Marathon; neighbors ringing door bells—all one goal — to raise the money to 'Kill a Killer' — Cancer.

Thank you again and we do hope you will help us again in the near future.

Very truly yours, John F. Bateman President

Welcome

By Linda Bennett

If you haven't noticed, we have a new afternoon sewing teacher, Mrs. Roland. She was born in Detroit, Michigan and raised in Lansing, Michigan. She went to Michigan State University and is now attending Rutgers. Mrs. Roland has 2/3 of her degree finished. She likes our school and enjoys teaching tremendously. She feels that sewing will help the girls through life if they continue it.

Mrs. Roland is the mother

Mrs. Roland is the mother of 2 girls and 1 boy. She and her husband like to travel. They have been to Europe, Canada and all over the United States. Her plans for the furture are unknown until her children are own their own.

We wish Mrs. Roland luck in obtaining her degree and hope she continues teaching at our school.



Staff

Editor-in-Chief- Nancy La Rosa Managing Editor- Lynn Sitrin Illustrator- Theresa Bacani Typist- Eleanor Madajewski

Editoral Staff
Mary Ann Bellina
Cathy Dudas
Michele Kabak
Sue Miller

Linda Bennet Dave Bourne Yvonne Campbell Denise Cornelius Donna Crapelli Sheila Curry Terri Danik Lizette Draper Donna Forte Kathy Foxx Cathy Goldsmith Rich Grazide Missy Gilman Helen Grant Chris Geisler Karen Jannoni Audrey Kaplan Kim Knowlton Sandy Little Noreen Lynch Laura Martinko Lynne Mc Laughlin Susan Miller Gail Mitchell Laurie Plasse Marissa Sherman Donna Shwortz Karen Stern Laura Szykowski Stephen Tasy Linda Wellman Ben Wilfond Sheri Winston Peggy Wright Tina Wright

Watergate Worries

"A most controversial and upsetting topic", these are the words of many a distraught American. The words Watergate or Whitehouse tapes have sprung up at least a thousand times there last months. John Dean has become a household word and Rosemary Wood has made quite a repuation for herself. And what does all this mean? Surprisingly.

It was once said "the secret of doing something wrong is not getting caught". It seems that after many years of dirty politics our beloved president has done just that. Watergate, a very current issue has pushed many of the more pressing problems to the back of the bus.

Mrs. Rey's 8th grade Civics class decided to find out what the students of Adams thought of the current hysteria, impeach or not impeach. They conducted a straw poll which consisted of passing ballots out to the classes. The ballot read impeach, stay in office, or resign.

No one could say this poll was conducted by uninformed sources because who couldn't be informed on it. It has not only taken over the television but the newspapers have been monopolized by the subject also.

It seems too many important subjects are being forgetten. The president's job is to solve the problems rather than create new ones. A big question in everyone's mind is, "Is Watergate dying out, or is this just the beginning?"

Boys Foods

By Sheila Curry

I was asked to write an article concerning Boy's Foods and decided the best thing to do is to go to that class. I discovered this new elective course meets everyday, 2nd period, for one semester.

Mrs. O'Leary teaches the class. Her goal is to have the boy's learn about nutrition and the kitchen as well as how to cook. So far, the boy's have cooked bacon and eggs, english muffins, biscuits and pizza. They're planning to wind up the semester with a big Turkey dinner (special invitations are being given):

When I asked the boys

When I asked the boys what I liked best about the class, most of the replies were "eating!" I'll vote for that quote because when I tasted their mini-pizza I had to say it was good! Girls on the track, boy's in the kitchen, what next?



Creative Spirit

By Ben Wilfond

This year, John Adams' student council sponsored a new project, a School Spirit poster Contest. The winners of the contest are as follows: Shawn Yonat, first place; Maureen Dudas, second place; Noreen Lynch and Darlene Diss, tied for third place. Mr. Gregory and Mrs. Sorkin, the judges, picked the winners with no knowledge of whose poster they were judging. The first place prize was five dollars, second place prize was three dollars, and the two third place winners each received one dollar.

The posters had to have a slogan and picture that supported the Knights, our basketball team. The posters were used to boost school spirit at the Woodrow Wilson basketball game. The main purpose of the contest was to promote student spirit and creativity.

The idea of a poster

The idea of a poster contest was first suggested by the ninth grade advisor, Mr. Mesonas, and the student council took it up from there. Being the first contest of this kind, it did not turn out as it was hoped because it was not well organized. Mr. Stazko, the student council advisor, said, "It was very discouraging to see only eight entries". He also stated that if they ever have a contest like this again it will be more publicized. So the next time you hear that there is going to be a poster contest, get a piece of paper and a pencil and start drawing.

"The Grammies"

By Rich Grazide

Recently, the National Academy of Recording Arts and Sciences presented their Grammy Awards in Los Angeles. There were three main categories: rhythmm and blues, country and pop. These categories were divided into three additional groups: male, female and group of duos.

Stevie Wonder dominated the awards by winning four Grammies and Roberta Flack collected three for "Killing Me Softly With His Song". Other winners were Gladys Knight and the Pips, selected as the best pop and rhythm and blues group, Bette Midler was chosen as best new recording artist, and Cheech and Chong won a Grammy for their comedy album. "Los Cochinos". I felt that many of the

awards were presented poorly.
Some presenters came on stage
and sang the nominations. Not
only couldn't I understand
them, but they couldn't be
heard because the microphones
weren't working at all times.
Somehow the 16th Annual

Grammy Awards lacked the glamour and excitement that makes an awards program something special.



What to do?

7th grade, a good year, or not? Are there enough activities to keep an itchy 7th grade happy and busy? The best way to determine this is to examine the possibilities.

One of the greatest

One of the greatest gripes of seventh graders, of course, is the attending of dances. What harm would it do or should this privilege be kept for 8th and 9th grade? The seventh graders hardly think so. Many of them feel they have just as much right to be at those dances as anyone else. It's quite a controversial subject.

The seventh graders also are not allowed to participate in freshmen sports. Of course, there are the intramural sports but these sports are between themselves and really do not interest the 7th grade.

Seventh graders are permitted to run for secretary and treasurer of the Student Council. 7th graders often find it very hard to win because they really do not know one half of the people the ninth graders do and really don't have a chance to prove themselves in one month.

Steps are being taken to make education more interesting for this year's seventh graders as they will have course selection for the 8th grade.

So, now the question still remains, "What is there to do?". There's the afterschool clubs, but do any of them fit your interest, if it

happens to be the school newspaper or student council government? All we can say to the seventh graders is "the good years are yet to come".

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Female Invasion

Lynne McLaughlin

A little hard work and athletic ability never hurt anyone, at least that's what our ninth grade girls believe. But a few people disagree with their convictions.

Girls are now allowed to participate in all intramural sports. The whole state must abide by this since former Governor Cahill recently signed a bill making it a law. The current popularity of this idea is due to the fact that Spring brings a rush of non-contact sports in which girls

are most interested.

Mr. Reilly, the coach of
the track team, seems to feel
that the girls are interested in the boys' track team because they are thinking ahead to the girl's varsity track team at Stevens. Mr. Barro-queiro, however, sees it differently. His opinion is that most of it is just another ex-tension of the growing women's lib craze.

To make the Baseball Team, a "person" must meet four basic requirements, running, throw+. ing, hitting, and fielding. Mr. Barroqueiro's opinion, the girls could probably compete well enough in running and fie-lding, but he's afraid they just couldn't cut it when it came to hitting and throwing since these skills need strenwhich the girls might be lacking.
To train for the team the

ballplayers do 12 loosening exercises and a large amount of running. The girls don't train hard enough in anything to endure this sort of workout.



Mr. Reilly

Steve Tasy

Whether or not you are aware of it , the John Adams Gym Department has aquired a new student teacher. His name is Mr. Reilly.

Mr. Reilly is presently attending Seton Hall University.He started to become a gym teacher because he was always partcipating in different types of sports while attending high school.

Mr. Reilly first joined John Adams in February. He enjoys his work and his students at our school. He will remain with us until Easter Vacation after which he returns to school. John Adams welcomes Mr. Reilly and hopes he has an enjoyable stay.

There were about 8 or 9 girls trying out for the base-ball team this year but they all dropped out at the last minute. One of the major differences between a girl and a boy is that a girl's body is made to be more fexible than it is strong. This is why girls excell in gymnastics while boys are geared more to strenght. This is the basis for most argument about malefemale competition.

Well, right now you may be asking yourself: "What do the boys think about competing against the girls? I'm going tell you. First of all, most of them don't like it, they think there might be favortism and that the girls should have their own team. Many boys simply don't care, while others concede that it's sort of funny. Mr. Barroqueiro thinks that unconsciously the boys feel threatened as though girls are invading what was once private territory.

Mr. Barroqueiro, the basketball coach says that if a girl and a boy can do exactly the same thing they should be considered equal. He wants the best players. But, the coach himself is not exempt from problems. His intuition tells him there might be some prejudice or favoritism on his part because he would be concerned with the girls safety. Mr. Barroqueiro also sees problem with supervision because the girls would have to dress and shower in a different area.

Now we come to track. There are 14 events, 8 being of a running type, requiring good time, 3 being jumping which require distance and height, and the last three are throwing events that require good distance. To train for track they do a general condi-tioning to build up their.

Fashion Finds

By Gail Mitchell

The spring fashions for 1974 range from cool classics to young sophisticates. Dresses are getting longer and styles seem to be going back to the late 40's and 50's. People are becoming more and more aware of the changing styles. Prints are really selling now. Blouses with sequin appliques or colorful sparles glued on seem to be the latest thing out. Beads gave been selling for a while, with the button earrings to accompany them.

Platform shoes are still being shown but now the shoes with the marshmellow soles are out and selling like crazy. Pleated skirts, dresses and pants are beginning to comeinto the fashion scene.

Short fur jackets are the latest things in the coat fashions. They come in all colors and styles and look great with just anything.

People are beginning to dress classier and more soph-isticated as the styles change Are you?

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wind and endurance. Each person usually has a specialty and enters about 4 events. Mr. Reilly explains that the girls will probably be shying away the throwing because so from much strength is involved. Unlike baseball, the girls have stuck-with-it in track. Approximately 10-12 girls are very serious about making the team. So far the girls are holding their own. Any boy who thinks it's a big joke, might be surprised when he finds himself off the team because a girl beat him out of it. Mr. Reilly maintains that whoever has better qualifications in a certain event, will be used

While some girls would like to compete on the "school's team" other girls would like their requirements and fringe benefits of a boys team. One discouraging prob-lem with having their own team would be that a girls team might not get the student sup-port that is traditionally given to the school team re-presented by boys. The girls want a full-fledaed intramural schedule, unlike the recreation basketball games they have among themselves on Thrus day nights. For example the girls team would play other schools in the county, have buses for travel, coaches, managers, training and good equipment. Another popular idea for the future is to have girl's Little League to prepare young girls for high school baseball. Mr. Barro queiro supports all of these ideas with positive remarks and adds that girls gym should have harder training to help with athletic extracurricular activities. Mr. Reilly agrees that more trainould be beneficial There are the opinions

and the facts from several points of view now you can form your own opinion on this controversial topic concerning ur school.

Did you know?

By Denise Cornelius

....The only mammal that can't hop is an elephant.The heart of a typi-cal adult pumps 6½ tons of

blood a day.The three most common men's names are Albert, Frank and Henry, but these Frank and Henry, names are leastliked by men. ing is higher pitched than a man's and therefore carriers farther.

.....That the greatest number of victims in a murder case was 610 of Countess Ersze" bet Ba'thory of Hungary. She was found guilty in August 21.

corn growing.That the greatest amount of sit-ups done on a hard surface is 15,011 in less than 6 hours by John R. Green-shields. He did the last 50 in 60 seconds.

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Mrs. Kagan

By Donna Forta

Our choice for teacher of the month this issue is a 7th and 9th grade English teacher, Mrs. Kagan. Mrs. Kagar has been teaching for 22 years and during that time she has taught every grade from kind-ergarten through college for at least one year. In addition to teaching every grade, she has taught adult education and has also taught gifted children. Mrs. Kagan enjoys every thing that has to do with drama and the theater. She has directed as well as acted in the theater. When she's not doing that, she enjoys reading.

Mrs. Kagan thinks that this year's students are co-operative, interesting and enjoyable to be with. She likes John Adams and the staff very much. She feels that there is a pleasant atmosphere here. When she was asked if she had any dislikes or pet peeves, she said that she dislikes not having a faculty phone. Being the English department chairman, she feels that the department heads should have better facilities She feels that next year the 8th and 9th grade classes will be very well equiped when they plan the new year's curriculum.

Mrs. Kagan has three children, two sons and a daughter. Two of them are teachers in New Jersey and one works in the Library of Congress. Although Mrs. Kagan was born in New York City, she has lived in many states such as Arizona, Nevada and California. Right now, she is living in Edison. She enjoys going on family trips such as to concerts, mueums, sailing

and swimming.

Mrs. Kagan attended 12 different colleges. She first attended Strausberg College. She got her degree at San Di-ego. Her graduate work was done at U.C.L.A., University of Nevada, California State and many others.

Mrs. Kagan has traveled through Europe, Mexico, Hawaii and Canada. When she was asked if she had any main goals in her life, she said that she would like to be able to be true to herself and make some contribution to society.

The staff of the Advocate congratulates Mrs. Kagan and wishes her the best of luck in the future.

Two New Arrivals

Friday, February 15, 1974 there was a lot of commotion in the girl's gym during "C"s lunch. About 3/4 of the ninth grade girls attended a shower for Mrs. Mc Nee. There was much secracy in the planning of the party. The last person to know about the shower was the very surprised Gym teacher.

Alot of fast preparations were made for this event. There was a large amount of food in the gym. For all involved, was a twelve course meal, tunafish, meatballs, cold cuts, crackers, cheese, bread, potatoe chips, dip, Hi C, ect... Upon entrance Mrs. Mc Nee

was greated with a great big "SURPRISE" and a giant sheet cake enscribed with "FROM HERE TO MATERNITY".

We had a hard time thinking of a way to get her out of the gym, but it never accured to us that we'd have an even tougher time getting her back in.

Her first words were "Where are you girls suppose to be?" This was followed by "I'm so embarrassed." Mrs. Mc Nee, received many presents. One of the most popular gifts a jar of Vlasic Kosher was a jar of visit Rosner Dill pickles. She was also given nearly half a dozen yel-low toddler suits. With much respect to Mrs. Mc Nee's profession she received a pair of track sneakers for the baby. The gift from the Drill Team was a practical nursery lamp. There was a huge stuffed dog which was appropriately named Sherlock Hound. There were many more well appreciated

The following Monday she gave birth to a 7 lb. ½ oz. baby girl, Dorian. The mother and her child are doing very well. We all await Mrs. McNee's return to our school in April.

When Mrs. McNee left to have her baby, John Adams was lucky enough to get a very qualified substitute. Her qualified substitute. Her name is Miss Wester and she is teaching the girls' gym class-es until Mrs. McNee returns. This is Miss Wester's

year of full-fledged teaching. She taught at Ste-ven's as a student teacher and is quite talented.

Miss Wester was born in Irvington and still resides there now. She has one bro-She attended Kean College and received her degree.

Miss Wester thinks the girls at Adams are pretty talented and she would not change the school at all. thank Miss Wester for adding to our education.









Spring Is

By Terri Danik

C.P. - Green

J.L.- Windy da D.F.- No coat

D.C.- Before summer

S.E.- Playing tennis M.V.- Seeing the reruns of Peter Cottontail on T.V.

G.M.- Waking up in the morning and listening to the birds sing.

K.J.- When you can stay out all night, without freezing off

off. your____ off.
M.K.- A beautiful day for bike

riding.

S.T.- Fresh air L.S.- Dark hair, brown eyes, beautiful tan, handsome and smart

J.R.- The Easter Bunny C.R. - The colors of a rainbow

R.S.- Beautiful

Guess Who?

By Mary Vongas

Can you guess who the handsome little tot on the right and the cute little princess on the left is ? I won't tell you but I'll give you some hints.

The handsome tot is now alot taller but just as adtive. He's on the baseball team, takes a very active part on the 9th grade committee, and is always eating creamsickles.

The princess is not that much taller but just as cute. She's a cheerleader and is also on the 9th grade committee and Student Council.

Together, they make a terriffic couple often seen walking in the halls together. If you haven't guessed by now Jingle bells, Jingle bells, Jingle all the way.

Song Twists

Donna Schwartz

One day "Daniel" decided ask "Angie" to a dance. He called her up and said, "Oh, baby let's go to the hop". There was hardly anyone there, when they arrived, because everyone was "Smoking in the boy's room". When everyone was there, they began to "Boo-gie Down". In the middle of the dance, he said to her "You're sixteen, you're beautiful, and you're mine" replied, "Oh , my love does it good". They saw a lot of their friends there too. "Ruby red dress" was talking to a "joker" named "Bad bad, Leroy Brown". She was saying "I don't like spiders and snakes:

Everybody learned 2 new dances, the "Crocodle rock" and the "Boogie down". Angie and Daniel "rocked on till 1,2,3, O'clock rock", when they had a fight. That's when Angie fell for the leader of the pack" but that didn't work out. Now she's home, "Alone again naturally."

Question Box

Donna Forte

What Is Zyganenus? J.B.--- Used toliet paper. D.B.--- A new kind of kissing disease.

J.W.--- A giant bird.
J.W.--- A baby mosquito.
J.T.--- A type of toothpick.

J.C.--- A disease you get from looking at my half of C.D.'s

locker.

D.S. -- A cross between a ze bra and a hippotumus.

C.Y.--- Somthing B.W. would do B.W.--- Something that was in my sludge test.

C.L. --- The special of the day in the school cafetaria. J.R.--- The shape of my body. S.R.--- A new name for V.D.

L.D. --- A disease of the zyganda. J.S.

- One of Mr. Freidman's hobbies. K.R. --- Mr. Domingez's history

C.H. --- A name for all these stupid answers. S.E.--- Something to describe J.B. when she's senile.

Answer--- A type of plant in the lily family.



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VARNS AND NEEDLECRAFTS

Was My Face Red

Karen Jannoni

I'm sure that one time or another you've all had a real embarrassing moment. We'll, here are a few of them.

D.V.- My father asked my boy-friend what his intentions

D.D.- I stepped on Mrs. Rak's foot.

M.A.B.- My whole lunch table got up and left me at a crucial moment.

L.M._ Mr. G. walked through the girls' gym while I was shaving my legs.

C.D.-M.A.B. and I walked into the Girls' locker room as the T.J. basketball team was changing.

P.D.-I fell down the bus stairs onto my knees with a dress on. J.R.- I got stuck underneath the bleachers at the Woodrow Wilson wrestling match.

M.V.- We were doing a cheer at the student-faculty basketball game and Mr. G. started dancing with me.

L.S.- I was walking down the stairs and my heel got caught in the cuff of my pants and I fell down the stairs.

J.R.- I was explaining a fact of life to D.V. and Mr.T. walked over.

R.S.- When J.S. and I were doing an individual and ended up kicking each other.

N.L.- I announced that it was Tuesday the 5th when it was actually Wednesday the 6th.

The Stars Tell It

By Sandy Miller

Sign of the month: Aries (March 21-April 20)

You feel sudden impulses toward change, but actual reforms must await the arrival of the sun in your sign on the 21st. Till then, having to sit on all that enthusiasium may bring you down. Mars stimu-lates your mental gifts, though, and helps you out of selfpity moods. After the 8th, Jupiter, your travel guide, is out of harmony, and you seem a stranger where ever you go. When the sun enters Aries, you begin a dynamic affair that is physically sensational.

Many friends surround you now (some are older) but, although, they all admire elusive Aries, your reception only to the one you love. Be kind all month to children and pets. A characterisitic streak of cruelity rises now in Aries and needs to be supressed. Venus, your money planet, makes Aries selfish how, and your a scrooge with friends but more generous with your own needs.

Get away when you can on short trips, what happens far from home, has a positive effect:

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CUPIDS CORNER

7th Grade Gossip

All year long our seventh graders have been going good, and they still are. To start off, the Adams couples...

J.L. and D.S., L.K. and J.M. and D.S. and L.N. (who have been going out since September) Keep up the good work:

The Adams-Wilson couples are P.C. and J.B., and D.S. and J.B. who is the other J.B.'s twin brother.

Now for the hopefuls...
D.D. likes R.B. A.K. liked
R.B. last week and someone else
the week before. Who is it this
week, A.K.? S.S. thinks eighth
grader P.C. is cute and J.C. is
trying to get N.S., watch out
N.S.!

You're going pretty good seventh-graders. Keep it up!

8th Grade Gossip

Cupid's struck again.Some of the new couples are A.M. and L.R., D.S. and S.M., L.B. and R.R from Colonia, K.K. and D.W. from Stevens, D.G. and F.C., D.L. and G.M., T.M. and P.C., T.V. and L.R., M.G. and D.S. and M.R. and P.K. from Stevens are still going strong.

Afer four months M.B. and M.M. from Wilson broke up. So did G.L. and J.C. from Wilson. Then,both M.B. and G.L. asked out J.L. NOW J.L. is going out with G.L.! Too bad M.B. We Also have a message for N.D., J.F. from St. Helena's wants to go out with you.

Some more couples are C.R. likes T.O., a seventh grader, P.L. likes a 9th S.B., M.B. likes E.H., and T.D. likes S.S. It's rumored that H.H. likes R.B. and C.P. likes 7th grader J.H. L.R. and L.K. have a crush on 9th grader J.T. Listen to this! I.B. and R.R. from Wilson like each other. Keep busy!

9th Grade Gossip

Everybody has been going strong since our last issue. Our longest couple is N.G. and P.B. S.B. has been going to G.C.'s locker alot lately. What is up S.B.? D.V. and B.S. from J.F.K. just broke up after going out with each other for three months. A few days later, B.S. asked her back out again. M.D. wants to ask out M.A.B., but she has her eyes on someone else. A.S. you have a secret admirer. J.S. and B.S. broke up. J.C. broke up with D.G. to go out with J.T. an 8th grader. Too bad. S.T. and B.K. seem to find interest in each other. Things seem to be stir-a up with L.T. and S.F.

Some more couples are R.S. and B.S., and J.S. and J.I.The Adams-Stevens couples are S.R. and R.L., K.J. and B.D.,A.K. and S.F., K.R. and M.C., J.T. and C.C. and L.C. and W.B. C.P. and B.W. from J.F.K. are also going out. It seems little Cupid has been pretty busy. I guess there isn't a shortage of arrows at J.A. Let's keep it that way:

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Basketball Athlete

Cathy Dudas
As this issue of the
Advocate comes out, another
"Athlete of the Month" comes
with it. Only this time it's
being done a little differently. Instead of having one athlete we have "Co-Athletes"
and they are Bob Buccino and
Gary Cushman. The reason for
this is Mr. Garguilo felt
they were both outstanding
players.

This is the second year Bob Buccino has been on the freshman team. During the 73-74 season, he broke three school records. The first record he broke was 11 years old and that was the total points for a basketball game. Bob scored 43 points vs. South River. The previous record was set by Pat Adase with 39 points. Another record broken was when Bob scored a total of 408 points for the season. A new record he set was averaging 25.5 points per game.

Bob said, "I never thought I'd break the school records." In the offensive and defensive categories he led the team in almost every one. When asked what school was the most competition, his answer was South River. Bob thought more school support would have made the record a little better because the players would have been

more phyched up.

The next athlete is Gary Cushman and he was very suprised that he was chosen. Gary said, "I didn't believe it. I thought Bob would be the only one to get it." Mr. Garguilt told me that Gary was one of the most improved players over the season. He also said Gary helped the team win the last three out of five games in the season. Gary was high scorer for the Wilson game with 19 points. He also thought more school support could have improved the team's record because it builds up their moral

Both Bob and Gary plan on playing basketball at Stevens next year. Good Luck!

The Staff of the Advocate would like to congratulate Bob Buccino and Gary Cushman and the team on the hardwork this season. The best of luck is wished to them in their future years of basketball playing.





Guess Who?

By Nancy La Rosa

Can you guess who this lovely lady is? It's one of our fabulous educators here at John Adams. I'll give you a few hints and you can take it from there.

She is a ninth grade Eng-

She is a ninth grade English teacher and you would probably find her upstairs. She is very active in one particular activity and was born in Perth Amboy.'

She's quite well known and many students can tell you about her choclate chip cookies. Can you guess, now?



A Devoted Life

"When you teach a subject long enough, you get to like

These are words of one of J.A.'s most dedicated teachers, Mrs. Winslow. Mrs. Winslow has been with Adams since it opened and many are sad to see her

Mrs. Winslow has been with the Edison School system for 32 years. She taught at Thomas Jefferson, Edison High and many other schools in the township. She taught English, Histroy and even Spanish. She says American History was her favorite subject.



A Winning Season

John Adams certainly has a wrestling team to be proud or. They ended their winning season with 7 wins, 4 losses and one tie. The wrestlers along with Mr. Zarro, their coach, who deserve full credit are:

Weight Wins Losses Ties

Neal Briskin	91	9	2	1
Glen Comiskey	101	3	6	
Bill Eckert	108	8	5	
Mike Vroom	115	9	1	
Alan Sorrentino	122	11	3	
Steve Feola	129	11	3	1
Chuck Landever	135	1	8	
Vinnie Mistretta	141	15		
Neal Gibson	148	4	6	
Kevin Alston	157	13	2	
Richard Palmer	170	1	4	
Kevin Kish	Heavy Weight	13	2	
	_			

The team came in first place in the district tournament and won a trophy which is on display in the library showcase. First place was held by Kevin Alston and Vinnie Mistretta (who was chosen as Athlete of the Month), Second place by Steve Feola, Kevin Kish and Alan Sorrentino, and Thrid place winners were Mike Vroom and Neal Briskin.

Out of our three cross town rivals, two of them were wins. The Woodrow Wilson match ended with a score of 38-30 in our favor and the Thomas Jefferson match 45-21, also in our favor. As you can see these boys worked very hard to make weight, keep in shape and have a team we can be proud of. Again many thanks go to Mr. Zarro for many hours of training with the team.



Mr. Zarro

By Laurie Plasse

The freshman grapplers coached by Mr. Frank Zarro received the district trophy. This year, Mr. Zarro did such a good job, we decided to do an article on him.

Mr. Zarro teaches Phys. Ed. are our rival, Woodrow Wilson. He attended Moorehead University in Kentucky. While out there, he coached a year of football. After that, he came to Edison and since then has been coaching assorted sports for 4 years.

When asked for a comment on the team he replied, "This was one of the finer bunches. They had more potential than I've seen in a long time. There were many outstanding wrestlers."

Alot of people think Mr. Zarro is the best wrestling coach that John Adams has had in a long time. Congratulations again to Mr. Zarro and his fantastic team.

Pins Are Falling

By Peggy Wright

Intramural Bowling takes place every Thrusday at the Brunswick Bowl-a-mat on Oak Tree Road. Many people participate in this. The price is \$1.00 and that includes 3 games and shoe rentals. Just recently, Al Morrison bowled a 218 with Lance Eisen coming up close behind with a score of 213. The coordinations of this sport are Mr. Stazko and Mr. Kenny. Good luck to all the bowlers and keep up the good work!





Adams Wins First Place

By Sandy Little

The John Adams wrestling team participated in the yearly wrestling tournament held at Churchhill Junior High School in East Brunswick. This tournament consisted of all the wrestling teams from eight different schools in the surrounding areas.

We competed against schools such as Woodrow Wison, Madison Township, Thomas Jefferson,ect Our team defeated all of

our team defeated all of the teams in the tournament and won the trophy for the best wrestling team in the district. This trophy is on display in the library. Kevin Alston and Vinnie Mistretta came in first place receiving gold medals for their great action. Alan Sorrentino, Stews Feola and Kevin Kish won silver medals for second place, while Neal Briskin and Mike Vroom received bronze medals for their great action.

So, on behalf of the school we'd like to say to the wrestlers, You did a very good job."

Just For Fun

Recreation Basketball is really swinging this year. It's run by Miss Deter and Mr. Garguilo. This sport is open to 7th, 8th and 9th graders from John Adams. Games are held on Thursday for 9 nights from 7:00 to 8:30. Eight teams have signed up. Trophies are awarded to 1st and 2nd place teams. They play with 5 main basketball rules. So keep it up girls, and those who didn't sign up this year, sign up next year. Good Luck!!!



Wrestling Athlete

By Kathy Foxx

This month's wrestling athlete is Vinnie Mistretta. He is a ninth grader who wrestles in the 141 lb. weight class. Vinnie was chosen because of his outstanding achiement during this season. He was the only undefeated wrestler (15-0) on the team. Vinnie won first place in the district wrestling tournament.

When I asked Vinnie if he thought he deserved to be Wrestling Athlete of the Month he said, "Yea, why not?" Another question asked was what he thought about the team. Vinnie replied, "There were a couple of weak weights, but all together the team was pretty good."

Vinnie says he definately plans to go out for wrestling at J.P. Stevens next year. Good Luck and keep that undefeated record next season:



A Tough Team

By Cathy Goldsmith

"When you can see the improvement in the team, it's a successful season." This was a quote by Mr. Garguilo which held true because the last three out of five games were won.

This year's starting line-up consisted of: Bob Buc-cino-center and leading re-bounder, Gary Cushman-guard, Jeff Katzelnick-forward, Greg Bayard-guard and Scott Benedickson-forward and best defensive player.

fensive player.
Other players were:
Glen Mrock Jay Tauber
Mike Kubas Bob Napoliello
Larry Gold Mike Bavaro
John Yadamiec Brian Smith
Kevin Lane Lloyd Darlow
Kevin O'Gorman Afred Fishkind
Sebrom Brown Mike Miller
George Neelen

PENNYBACK WOODBRIDGE MALL WOODBRIDGE N.J.



Intramurals

By Laura Martinko

The month of February brought 3 intramural activities to John Adams. The first one was the "one on one" basketball competition. About 12 people from grades 7,8 and 9 participated after eliminations. All the contestants thought it was fun. Mike Miller was the winner. Runner-up was Nicky Satero.

Our second tournament was the "foul shaoting" contest. It was similar to the "one on one" contest. The winner of this was Bob Gold. Runner-up was Greg Cross. The thrid and final tournament was table tennis. Again, the winner were obtained through elimations. Seventh grader Gary Cornelius took first place. Keith Plasko was the runner-up. Congratulations to all winners!

Mr. Garguilo said, "The team got down on itself because of lack of school support." But also noticed great improvement in almost everyone, especially Larry Gold, Mike Bavaro, Brian Smith and Kevin Lane. There was good individual talent though. Bob Buccino was the leading scorer with the highest average per game- 25.5. He also had the most points in one season, 408, with high games of 40.41, and 43 points breaking Pat Adase's school record of 39 in 1962-63.

Our final record was four wins, twelve losses. The Knights defeated South River 71-68, Hoover 61-44 and Wilson59-54. There were tougher teams than usual, such as East Brunswick, North Brunswick, Thomas Jefferson, Scotch Plains and South River.

Good luck to the players in the future basketball season and hopes for a successful season next year, Knights.



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